

## PFF Fellow Profile



Fellow name: **Heather B. Trangsrud**

### Degree program/disciplines:

- Ph.D. in Counseling Psychology – UMKC Kansas City, MO

### Courses Taught:

- |  |                    |
|--|--------------------|
| • Social Psychology (undergraduate-level course)       | Instructor         |
| • Career Counseling (graduate-level course)            | Instructor         |
| • General Psychology (undergraduate-level course)      | Teaching Assistant |
| • Experimental Psychology (undergraduate-level course) | Lab Instructor     |
| • Counseling Methods (graduate-level course)           | Teaching Assistant |
| • Counseling Practicum (graduate-level course)         | Teaching Assistant |

### Teaching Interests:

I am interested in teaching counseling, general psychology, and counseling psychology courses. I am also interested in interdisciplinary team-teaching or guest lecturing.

### Research Interests:

- Issues related to women, particularly violence issues such as domestic violence and date rape.
- Issues related to identity, including, transgender and transsexual transitioning.
- Issues related to career development and college age adjustment (i.e., education, emancipation)

### Career Aspirations:

I would like to teach counseling, and counseling psychology courses at a midsize college or university, as well as, continue conducting research in my areas of interest and seeing clients at a university counseling center.

### PFF Expectations:

My personal expectations for my tenure of the Preparing Future Faculty Fellowship are to become more intimately immersed in the different aspects of teaching. Specifically, I would like to sharpen my course planning, classroom management, and evaluation skills for different sized classes. I would also like to become more informed about the responsibilities faculty members. By fully understanding these responsibilities, I will be able to better manage all of my own responsibilities and still remain focused on both my

students' needs and my continued professional development. In addition, I would like to fully utilize the opportunities offered to me in order to solidify my professional persona and build lasting professional contacts.

**PFF Goals:**

*Year 1:*

- Incorporate more active learning strategies into lectures rather than using lectures only.
  - Find/evaluate class activities according to Bloom's taxonomy, so as to know where the activity falls, for courses in my teaching portfolio.
    - Indicate which ones were successful (e.g., which activities were responded to positively to by students and which ones were not) in class. Consider how to improve activities for future use.
  - Examine other professors' syllabi for ideas on active learning.
    - Indicate how many syllabi examined and note how would adjust for own use.
  - Examine resources on college teaching.
    - Read and summarize which resources I find helpful and may incorporate into course content (e.g., how would I use or apply the resource).
- Integrate a multicultural perspective/cross-cultural perspective in teaching.
  - Find/evaluate resources/activities that are appropriate to incorporate for classes in portfolio.
    - Read and summarize which resources/activities I would like to use in future courses.
  - In all courses currently teaching, discuss multicultural perspectives as relates to course content.
    - Include discussion of multicultural issues and how they impact students' daily life.
    - Update syllabi to include discussion on multicultural issues.
- Improve assessment skills (e.g., exam writing, writing appropriate assignments).
  - Review resources online and in books.
    - List assessment options I like and would like to use now, as well as in the future.
  - Interview other professors about their assessment strategies.
    - Interview Chris, Terri, & Melisa.
  - Interview other professors regarding their strategies for adjusting poor exams.
    - Interview Chris, Terri, & Melisa.
- Actively participate in writing papers for journal submission.
  - Specifically, for higher authorship, take an active role in writing up the discussion section of battered women follow-up study.
    - Write 5 sections of follow up discussion and adjust according to Chris' feedback.

*Year 2:*

- Focus on gaining more knowledge of multicultural/cross-cultural issues
- Investigate academic and staff psychologist positions to determine where would like to end up (e.g., what type of program, what are the requirements).
- Research

*Year 3:*

- Present own research at conferences.
- Learn about how to secure external funding (e.g., who offers support related to my research interests?)
- Research