The UMKC Individual Development Plan (IDP) is intended to foster best practices in graduate and postdoc mentoring and its design was inspired by the current and archived [MU Individual Development Plans (IDPs)](https://gradschool.missouri.edu/home/grad-essentials/individual-development-plan-idp/#:~:text=The%20Grad%20School%20IDP%20is,flexibility%20as%20your%20goals%20evolve.). Other important resources include:

[MyIDP (AAAS)](https://myidp.sciencecareers.org/?AspxAutoDetectCookieSupport=1)

[Imagine PhD](https://www.imaginephd.com/) (Humanities and Social Sciences)

[ChemIDP](https://chemidp.acs.org/)

[APA IDP](https://www.apa.org/education-career/guide/individual-development-plan)